

# Jefferson Middle School Track Invitational

## Thursday, May 23, 2013

**Welcome to the Jefferson MS Track Invitational. All events will be seeded and require advance electronic entry.**

We will be using the Athletic.net. If you are unfamiliar with this service, please go to [www.jeffinvite.org](http://www.jeffinvite.org) and click the entry info link or email us.

Each Coach will need to create a free account in order to enter. This is a great free service for track coaches of all levels. The coach at your High School is already using it.

**All entries must be completed by Monday, May 20, 2013.**

Our email is: [jeffinvite@mac.com](mailto:jeffinvite@mac.com)

Competing teams: , *Grosse Ile, Jefferson, Milan, Renton, Seitz, Simpson, and Wagar.*

On meet day, the final scratch meeting will be held at **2:50 pm**. Field events 3:00 and semi-finals will begin at **3:30 pm**. *Semi-finals* will be held in the following events only (Top 8 to the Finals):

1. 55 Meter Hurdles
2. 100 Meter Dash
3. 70 Meter Dash

Finals will begin immediately following the semi-finals. We will use the MHSAA standard order.

Scoring of Individual and relay events will be: 10-8-6-4-2-1

It is the responsibility of each coach to control participation regulations of their athletes. Non-participating athletes are to remain outside the fence surrounding the track.

**Speaker type radios, and music players are not permitted on the field or in the stands. Headphones are allowed.**

For the shot put, athletes must wear shoes with no spikes. For all other events, 1/4" pyramid spikes are the maximum allowable. Please make sure that no other length spike is worn, since any athlete wearing a longer spike will not be allowed to participate.

**Please note that each school is allowed THREE entries for all events except relays which is ONE entry only. Make sure you place an alternate in case you must scratch a runner. Only the alternate will be allowed to replace a runner.**

- Team trophies and ribbons will be available as soon as possible after the meet.
- \$2.00 Admission to this activity.** The concession stand will remain open during the entire meet.
- All buses are to park in the rear of the high school near the football/track field.

Any questions call Jonathan Scharf, Jefferson Athletic Department, 289-5590. Entry fee of \$150.00 to be sent to Jefferson High School, Athletic Dept., 5707 Williams Rd. Monroe, MI 48162.

Invite T-Shirts \$13.00

<http://www.jeffinvite.org>