

**Jefferson High School**  
**Track & Field Invitational**  
 April 23, 1994- Jefferson Athletic Complex  
**Girls Results**

**100m Dash Preliminaries**

Heat 1

1	J Simmons	SMCC	13.4
2	S Wuorinen	TRE	13.8
3	M Olszowy	AP	13.8
4	M Todd	GI	14.0
5	B Wilds	CAR	14.2
6	A Ferguson	FR	14.4
7	N VanWassenova	JEF	14.6

Heat 2

1	K Martin	W	13.7
2	M Phinezy	CRE	13.9
3	L Heiss	AIR	13.9
4	K Wheeler	LC	14.3
5	W Winter	NBH	15.7
6			16.0
7	N Lackey	ANN	16.6

Heat 3

1	H Egan	W	13.5
2	S Davis	LC	14.5
3	D Duey	RIV	14.5
4	T Diekman	AIR	14.5
5	L Nelson	CRE	14.6
6	R Reeves	ANN	16.2

Heat 4

1	S Potter	JEF	13.0
2	D Semmel	SMCC	13.1
3	S Adams	TRE	13.4
4	S Coleman	GI	13.7
5	N Duvall	EM	14.3
6	C Thomas	FR	15.4
7	B Hammerle	CAR	14.9
8	S Smith	AP	17.4

**100m Hurdles Preliminaries**

Heat 1

1	C Morris	NBH	18.3
2	A Rourk	W	18.4
3	L Horton	LC	18.4
4	Alicia Jaros	CRE	19.7
5	H Polleti	ANN	20.6
6	K Jerden	RIV	21.6
7	T Dienkin	AIR	25.8

Heat 2

1	L Matthews	GI	18.3
2	C Menghini	AP	18.3
3	J Labounty	CAR	19.0
4	L Peckham	JEF	19.7
5	L Aschenbrener	SMCC	19.8
6	J Cousino	EM	20.4
7	J Rudolph	FR	21.1
8	J Postan	TRE	21.7

Heat 3

1	M Dobija	GI	18.1
2	M Regelin	JEF	18.1
3	L Guzman	FR	18.2
4	C Zook	TRE	18.2
5	P Carlton	SMCC	18.4
6	R Fields	EM	19.1

Heat 4

1	A Rogers	W	19.3
2	S McGhee	LC	19.3
3	J Matthews	RIV	19.7
4	A Hetner	ANN	20.0
5	J Clark	NBH	20.1
6	J Drazen	CRE	20.4
7	K Carrig	AIR	27.4

**200m Dash Preliminaries**

Heat 1

1	T Bellino	SMCC	31.0
2	D Duey	RIV	31.0
3	D Jankowski	CRE	31.6

**Jefferson High School**  
**Track & Field Invitational**  
 April 23, 1994- Jefferson Athletic Complex  
**Girls Results**

4	A Bernardo	AP	32.7	6	Carlson		11:00.6
5	E Vass	CAR	34.0	7	Flat Rock		11:00.6
6	A Kwietkowski	ANN	34.4	8	Riverview		11:10.0

Heat 2

1	L Douglas	W	29.0
2	K Hellman	EM	29.1
3	B Vargo	GI	30.5
4	S Allevato	FR	30.7
5	E Wiley	JEF	30.9
6	L Horton	LC	31.3
7	A Raymo	AIR	32.9
8	T Delano	NBH	33.0

Heat 3

1	K Douglas	W	30.1
2	K Makins	GI	30.2
3	L Heiss	AIR	30.4
4	N Stough	HEF	31.4
5	S Davis	LC	31.4
6	N Duvall	EM	32.0
7	H Marion	FR	33.0

Heat 4

1	S Kulick	RIV	27.8
2	D Semmel	SMCC	28.7
3	A LaBar	TRE	29.8
4	S Manouin	CRE	31.9
5	C Klemczewski	AP	34.0

**100m Dash  
Semi-Final**

Heat 1

1	S Potter	JEF	13.4
2	S Adams	TRE	13.7
3	K Martin	W	14.0
4	K Wheeler	LC	14.1
5	S Wuorinen	TRE	14.2
6	S Davis	LC	14.9
7	D Duey	RIV	15.1
8	M Todd	GI	NT

Heat 2

1	D Semmel	SMCC	14.1
2	H Egan	W	14.5
3	S Coleman	GI	14.6
4	J Simmons	SMCC	14.8
5	M Phinezy	CRE	15.0
6	M Olszowy	AP	15.8
7	L Heiss	AIR	NT
8	T Diekman	AIR	NT

**100 High Hurdles  
Semi-Final**

Heat 1

1	M Dobija	GI	18.0
2	L Gruzman	FR	18.0
3	L Peckham	JEF	18.3
4	A Rourk	W	18.4
5	C Menghini	AP	18.9
6	A Rodgers	W	19.4
7	J Mathews	RIV	19.9
8	A Javos	CRE	20.6

Heat 2

**3200m Relay  
Final**

1	Grosse Ile (A Swiney, K Kemp, M Fielder, & C Synowiec)	10:42.1
2	Trenton	10:48.8
3	Crestwood	10:53.5
4	Lutheran Westland	10:55.8
5	Woodhaven	10:59.2

# Jefferson High School Track & Field Invitational

April 23, 1994- Jefferson Athletic Complex

## Girls Results

1	L Mathews	GI	18.1	6	A Hetner	ANN	4' 9"
2	C Morris	NBH	18.2				
3	C Zook	TRE	18.5				
4	M Reglin	JEF	18.8				
5	S McGhee	LC	19.2				
6	J Labounty	CAR	19.5				
7	A Hetner	ANN	19.7				
8	L Horton	LC	20.2				

### 100m Dash Finals

1	D Semmel	SMCC	13.8
2	S Potter	JEF	13.8
3	H Egan	W	13.9
4	S Adams	TRE	14.1
5	J Simmons	SMCC	14.3
6	K Wheeler	LC	14.6
7	K Martin	W	14.7
8	S Coleman	GI	14.8

### 200m Dash Semi-Finals

#### Heat 1

1	S Kulick	RIV	27.9
2	A LeBar	TRE	28.8
3	K Makins	GI	29.7
4	K Hellman	EM	29.9
5	T Bellino	SMCC	30.0
6	N Stough	JEF	30.5
7	D Jankowski	CRE	32.0
8	S Manoulin	CRE	32.3

#### Heat 2

1	D Semmel	SMCC	28.2
2	L Douglas	W	29.6
3	K Douglas	W	30.1
4	B Vargo	GI	30.4
5	L Heiss	AIR	31.0
6	S Allevato	FR	32.3
7	D Duey	RIV	33.5
8	A Bernardo	AP	NT

### 100 High Hurdles Finals

1	M Dobija	GI	17.6
2	A Rourk	W	17.7
3	M Reglin	JEF	17.7
4	L Matthews	GI	18.0
5	L Guzman	FR	18.2
6	C Zook	TRE	18.2
7	C Morris	NBH	18.7
8	L Peckham	JEF	21.8

### 4 x 200m Relays Finals

1	Woodhaven (A Rogers, K Martin, H Egan, & L Douglas)	1:52.6
2	Grosse Ile	1:55.0
3	Trenton	1:56.0
4	Riverview	1:56.8
5	Allen Park	1:57.7
6	Erie Mason	1:57.7
7	Jefferson	1:58.0
8	Crestwood	1:58.6

### High Jump Finals

1	K Sisung	SMCC	5' 4"
2	J Sucher	RIV	5' 2"
3	A Ferguson	FR	5' 0"
4	C Morris	NBH	4' 11"
5	C Smith	CRE	4' 9"
6	K Sernett	LC	4' 9"
6	J Rudolph	FR	4' 9"

### Discus Finals

Jefferson High School - Home of the Bears

**Jefferson High School**  
**Track & Field Invitational**  
 April 23, 1994- Jefferson Athletic Complex  
**Girls Results**

1	D Gautz	EM	106' 7"	7	M Weisbecker	EM	6:05.2
2	C Timar	RIV	94' 9"	8	A Azzopardi	LC	6:08.5
3	S Trouten	NBH	92' 6"				
4	E Brodie	JEF	84' 4"				
5	A Gaynier	EM	83' 8"				
6	A Grubacci	GI	81' 4"				
7	M Duffy	SMCC	80' 11"				
8	D Cousino	SMCC	80' 3"				

**4 x 100m Relay  
 Finals**

1	SMCC	55.0
	(J Simmons, S Masserant, L Leask, & D Semmel)	
2	Trenton	55.1
3	Grosse Ile	55.7
4	Jefferson	55.7
5	Woodhaven	56.1
6	Erie Mason	56.9
7	Allen Park	57.1
8	Flat Rock	57.6

**Long Jump  
 Finals**

1	I Christianse	RIV	14' 9 1/2"
2	H Marion	FR	14' 4 1/2"
3	S Adams	TRE	14' 4 1/4"
4	K Martin	W	14' 3 3/4"
5	B Oates	AP	14' 1 3/4"
6	L Aschenbrener	SMCC	14' 1/2"
7	S Masserant	SMCC	13' 11"
8	L Mathews	GI	13' 10 1/3"

**400m Run  
 Finals**

1	S Kulick	RIV	1:02.5
2	L Douglas	W	1:02.9
3	A Lebar	TRE	1:04.0
4	L Leask	SMCC	1:04.5
5	E Schroeder	LC	1:04.8
6	C Suchy	NBH	1:05.2
7	M Danville	GI	1:05.4
8	S Thomas	CRE	1:05.5

**Shot Put  
 Finals**

1	D Gautz	EM	35' 6"
2	S Allen	CAR	32' 1"
3	C Timar	RIV	31' 10"
4	L Madeski	W	29' 3"
5	S Trouten	NBH	28' 7"
6	T Sara	CRE	28' 3 1/2"
7	J Maurer	JEF	28' 0"
8	A Gonyea	EM	27' 6"

**300 Low Hurdles  
 Finals**

1	A Rodgers	W	50.4
2	L Mathews	GI	52.7
3	L Peckham	JEF	53.3
4	C Morris	NBH	53.6
5	K Sisung	SMCC	54.4
5	P Carlton	SMCC	54.4
7	C Menghini	AP	54.9
8	J Mathews	RIV	55.0

**1600m Run  
 Finals**

1	J Welch	JEF	5:46.2
2	J Grzywacz	W	5:46.8
3	H Frysingier	GI	5:48.4
4	A Strochine	FR	5:55.5
5	B Boose	EM	5:57.9
6	S Halash	SMCC	5:59.3

**800m Run  
 Finals**

**Jefferson High School**  
**Track & Field Invitational**  
 April 23, 1994- Jefferson Athletic Complex  
**Girls Results**

1	J Grzywacz	W	2:34.8	5	Grosse Ile	4:38.8
2	C Brubaker	JEF	2:36.1	6	Annapolis	4:42.0
3	L Kardos	TRE	2:40.0	7	Trenton	4:43.0
4	C Synowiec	GI	2:40.4	8	Westland	4:46.2
5	A Swiney	GI	2:43.7			
6	J Werman	LC	2:43.9			
7	K Sernette	LC	2:44.0			
8	K Babij	AP	2:45.8			

**200m Dash**  
**Finals**

1	S Kulick	RIV	27.5
2	L Douglas	W	27.5
3	D Semmel	SMCC	27.6
4	K Douglas	W	29.2
5	A Leban	TRE	29.3
6	B Vargo	GI	29.6
7	K Makin	GI	30.6
8	K Hellman	EM	NT

**Team Scores**

Woodhaven	108
Grosse Ile	88
SMCC	70
Jefferson	61
Riverview	59
Trenton	54
Erie Mason	44
Flat Rock	49
Carlson	25
New Boston Huron	25
Lutheran Westland	22
Crestwood	21
Allen Park	13
Annapolis	5
Airport	0

**3200m Run**  
**Finals**

1	H Fryinger	GI	12:26.3
2	C Lammars	CAR	12:49.2
3	T Teran	CAR	12:59.2
4	J Johnson	W	13:04.9
5	M Weisbecker	EM	13:10.1
6	B Boose	EM	13:11.9
7	S Halash	SMCC	13:14.0
8	A Burns	FR	13:15.8

**4 x 400m Relay**  
**Finals**

1	Woodhaven (A Rogers, J Grzywacz, K Douglas, L Douglas)	4:31.3
2	Jefferson	4:33.8
3	Crestwood	4:35.7
4	SMCC	4:35.9