

# Jefferson High School Track & Field Invitational

April 29, 1995- Jefferson Athletic Complex  
**Girls Results - Page 1**

				7. Field	I	14.3	
				8. Schear	SA	14.3	
<b>100m Dash Preliminaries</b>							
Heat 1				Heat 2			
1.	Willer	I	13.3	1.	Powell	CRE	13.4
2.	Yu	TRE	13.9	2.	Adams	TRE	13.7
3.	Ruelle	CAR	14.0	3.	Genton	SA	13.8
4.	Strzelewicz	SMCC	14.1	4.	Clark	LW	13.8
5.	Hellmann	EM	14.2	5.	Hitchcock	W	13.9
6.	Sammons	J	14.3	6.	Strzelewicz	SMCC	14.0
7.	Vargo	GI	14.6	7.	Ruelle	CAR	14.2
Heat 2				8.	Jackson	ANN	14.5
1.	Powell	CRE	13.3	<b>100m High Hurdles Preliminaries</b>			
2.	Clark	LW	13.6	Heat 1			
3.	Genton	SA	14.0	1.	Gratz	SA	17.4
4.	Chancy	AIR	14.1	2.	Morris	NBH	18.0
5.	Will	W	15.1	3.	Rourk	W	18.5
6.	Dahlka	ANN	15.9	4.	Allward	RIV	19.5
Heat 3				5.	Jaros	CRE	20.1
1.	Szczepaniak	RIV	14.0	6.	Stewart	ANN	20.6
2.	Hitchcock	W	14.1	7.	Thomson	LW	22.6
3.	Schear	SA	14.6	8.	Young	AIR	23.2
4.	Jackson	ANN	14.7	Heat 2			
5.	Nelson	CRE	14.7	1.	Peckham	JEF	17.4
6.	Hubert	NBH	15.0	2.	Matthews	GI	18.4
7.	Davis	LW	15.5	3.	Cousino	EM	19.6
Heat 4				4.	Labouty	CAR	22.3
1.	Adams	TRE	13.6	5.	Giarmo	SMCC	23.6
2.	Semmel	SMCC	13.8	Heat 3			
3.	Colmann	GI	13.8	1.	Zook	TRE	18.0
4.	Field	I	14.4	2.	Rudolph	FR	18.5
5.	Allavato	FR	14.5	3.	Dunn	EM	20.2
6.	Duvall	EM	14.6	4.	Bono	JEFF	20.9
7.	Wilds	CAR	14.9	5.	Cousino	SMCC	26.5
8.	Shaw	J	15.8	6.	Rice	GI	NT
<b>100m Dash Semi-Finals</b>				Heat 4			
Heat 1				1.	Mathews	RIV	18.6
1.	Willer	I	13.3	2.	Chappus	NBH	18.9
2.	Semmel	SMCC	13.5	3.	Olliger	LW	18.9
3.	Yu	TRE	13.6	4.	Hether	ANN	20.7
4.	Coleman	GI	13.8	5.	Piegza	SA	21.3
5.	Szczepaniak	RIV	13.8	6.	Fisher	CRE	22.8
6.	Chancy	AIR	14.2	7.	Steanhose	W	NT

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### 100m High Hurdles Semi-Finals

#### Heat 1

1.	Rudolph	FR	17.6
2.	Rourk	W	17.7
3.	Hetnek	ANN	18.4
4.	Matthews	GI	18.5
5.	Peckham	JEFF	18.5
6.	Mathews	RIV	19.2
7.	Dunn	EM	20.2
8.	Bono	JEFF	23.6

#### Heat 2

1.	Gratz	SA	17.2
2.	Zook	TRE	17.9
3.	Morris	NBH	18.6
4.	Labounty	CAR	18.6
5.	Olliger	LW	18.9
6.	Chappus	NBH	19.2
7.	Cousino	EM	19.6
8.	Allward	RIV	20.0

### 200m Dash Preliminaries

#### Heat 1

1.	Willer	I	28.1
2.	Phinezy	CRE	28.6
3.	Szczepaniak	RIV	28.9
4.	Ruelle	CAR	29.2
5.	Lozon	SA	29.5
6.	Simons	SMCC	29.8
7.	Leung	TRE	29.9
8.	J Howard	ANN	37.3

#### Heat 2

1.	Douglas	W	28.9
2.	Hellmann	EM	29.5
3.	Clark	LW	30.0
4.	Molone	AIR	30.0
5.	St. Amour	FR	30.6
6.	Sommers	JEFF	32.6

#### Heat 3

1.	Kulberg	GI	27.9
2.	Clark	LW	28.9
3.	Sisk	JEFF	29.4
4.	Heiss	AIR	30.4
5.	Duvall	EM	31.1
6.	Moore	W	31.4

#### Heat 4

1.	Semmel	SMCC	28.2
2.	Whitehead	I	28.8
3.	Martin	TRE	28.9
4.	Sexton	RIV	29.2
5.	Tritt	CAR	30.8
6.	Angele	CRE	33.1
7.	Heckman	SA	33.9
8.	Dziengowski	ANN	37.3

### 200m Dash Semi-Finals

#### Heat 1

1.	Kulberg	GI	28.0
2.	Whitehead	I	28.4
3.	Douglas	W	28.5
4.	L Clark	LW	28.8
5.	Martin	TRE	29.9
6.	Ruelle	CAR	30.3
7.	A Clark	LW	30.6
8.	Molone	AIR	30.6

#### Heat 2

1.	Semmel	SMCC	27.9
2.	Willer	I	28.9
3.	Phinezy	CRE	28.6
4.	Sexton	RIV	28.9
5.	Szczepaniak	RIV	29.5
6.	Sisk	JEFF	29.7
7.	Hellamnn	EM	29.8
8.	Heiss	AIR	30.6

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## Girls Results - Page 3

### 3200m Relay

1.	Grosse Ile	10:29.7
2.	Trenton	10:45.8
3.	S. Anderson	10:50.7
4.	Carlson	10:51.9
5.	Westland	10:55.3
6.	Jefferson	10:55.8
7.	Woodhaven	11:01.8
8.	Airport	11:20.1
9.	Erie Mason	11:21.4
10.	Ida	11:28.7
11.	Riverview	11:33.7
12.	SMCC	11:49.4
13.	Annapolis	12:22.3
14.	NB Huron	NT

### 4 x 200m Relay

1.	Grosse Ile	1:51.3
2.	SMCC	1:54.0
3.	Ida	1:54.1
4.	Crestwood	1:54.6
5.	Riverview	1:54.7
6.	Southgate	1:54.8
7.	Jefferson	1:55.8
8.	Westland	1:56.0
8.	Trenton	1:56.0
9.	Carlson	1:56.7
10.	Erie Mason	1:57.9
11.	Woodhaven	1:59.8
12.	Airport	2:00.5
13.	NB Huron	2:01.7
14.	Flat Rock	2:01.9
15.	Annapolis	2:02.7

### Long Jump

1.	Mason	JEFF	14' 10 1/2"
2.	Leung	TRE	14' 4 1/2"
3.	Adams	TRE	14' 4"
4.	McKinley	EM	14' 3"
5.	Ruelle	CAR	14' 1 1/4"
6.	Janes	FR	13' 10"
7.	Raymo	AIR	13' 9 1/2"
8.	Masserant	SMCC	13' 9"

### 100m Dash Finals

1.	Willer	I	13.3
2.	Powell	CRE	13.4
3.	Semmel	SMCC	13.4
4.	Adams	TRE	13.5
5.	Clark	LW	13.8
6.	Genton	SA	13.8
7.	Coleman	GI	13.9
8.	Yu	TRE	14.1

### Discus Finals

1.	Robinson	GI	130' 6"
2.	Trouten	NBH	99' 5"
3.	Gubaci	GI	93' 7"
4.	Brodie	JEFF	91' 3"
5.	Matthes	I	84' 9"
6.	Cousino	SMCC	84' 2"
7.	Jones	EM	84' 0"
8.	Williams	NBH	83' 2"

### 100m High Hurdles Finals

1.	Gratz	SA	17.3
2.	Rudolph	FR	17.4
3.	Matthews	GI	17.8
4.	Morris	NBH	18.0
5.	Zook	TRE	18.2
6.	Hetner	ANN	18.2
7.	LaBounty	CAR	18.6

### Shot Put Finals

1.	Robinson	GI	34' 7"
2.	Satterfield	JEFF	29' 6"
3.	Saffiedine	CRE	28' 4"
4.	Madaski	W	28' 1"
5.	Jones	SA	27' 9"
6.	Trouten	NBH	27' 6"
7.	Gubaci	GI	27' 4"
8.	Littlebury	TRE	27' 2"

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## Girls Results - Page 4

<b>1600m Run</b>				9. Sisk	JEFF	66.6
1. Lammers	CAR	5:40.0	10. Makins	GI	67.0	
2. Grzywacz	W	5:44.1	10. Smith	CRE	67.0	
3. Korwin	TRE	5:47.4	12. Hulderman	CAR	67.5	
4. Hoffman	GI	5:51.8	13. Maryion	FR	68.2	
5. Teran	CAR	5:52.4	14. Zalewski	TRE	69.6	
6. Quillen	I	5:53.4	15. Leask	SMCC	69.8	
7. Perry	TRE	5:55.6	16. Lock	LW	70.5	
8. Noyce	GI	5:56.6				
9. Stackpoole	AIR	5:57.7	<b>300m Hurdles</b>			
10. McKinley	EM	6:04.5	1. Gratz	SA	50.5	
11. Herman	JEFF	6:08.8	1. Matthews	GI	50.5	
12. Nichols	AIR	6:10.4	3. Rudolph	FR	51.1	
13. Ebendick	LW	6:13.7	4. Morris	NBH	52.1	
14. Morrison	RIV	6:14.4	5. Dunn	EM	52.9	
15. Fields	EM	6:16.2	6. Hetner	ANN	53.2	
16. Davis	SA	6:15.7	7. Matthew	RIV	54.2	
			8. Rourk	W	54.4	
<b>4 x 100m Relay</b>				9. Bono	JEFF	55.1
1. Westland	54.5		10. Halonen	GI	55.2	
2. Grosse Ile	54.9		10. Jerden	RIV	55.2	
3. Trenton	54.9		12. Zook	TRE	55.3	
4. Riverview	55.0		13. Peckham	JEFF	57.2	
5. Carlson	55.4		14. Fields	EM	57.7	
6. Crestwood	55.5		15. Diekman	AIR	57.8	
6. Woodhaven	55.5		15. Drazen	CRE	57.8	
8. Jefferson	55.6		15. Smith	I	57.8	
9. Erie Mason	56.4					
10. Flat Rock	56.5		<b>High Jump Finals</b>			
11. Southgate	56.6		1. Sisung	SMCC	5' 2"	
12. Airport	57.4		2. Vanhouen	EM	5' 2"	
13. Ida	57.5		3. Morris	NBH	5' 2"	
14. SMCC	58.3		4. Sucher	RIV	5' 0"	
15. Annapolis	62.8		5. Hetner	ANN	4' 10"	
16. NB Huron	64.6		6. Rudolph	FR	4' 10"	
			7. Anperson	GI	4' 10"	
<b>400m Run</b>				7. Jablonski	I	4' 10"
1. Whitehead	I	62.5	7. Rice	GI	4' 10"	
2. Danvall	GI	63.4				
3. Phinezy	CRE	64.2				
4. Craig	SA	64.7				
5. Douglas	W	65.4				
6. Kleinsmith	SMCC	65.9				
7. Martin	TRE	66.4				
8. Marlett	ANN	66.5				

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**Girls Results - Page 5**

## 800m Run

1.	Lammkers	CAR	2:26.6
2.	Fielder	GI	2:27.7
3.	Grzywacz	W	2:32.4
4.	Thomas	CRE	2:33.5
5.	Werman	LW	2:36.3
6.	Kimp	GI	2:39.6
7.	Gontos	SA	2:40.7
8.	Lytle	JEFF	2:41.0
9.	Asmus	RIV	2:41.9
10.	Lebar	TRE	2:42.0
11.	Sernett	LW	2:43.5
12.	McBroom	I	2:44.7
13.	McKinley	EM	2:46.3
14.	Czerwonka	RIV	2:46.4
15.	Paducha	SA	2:47.1
16.	Boutwell	TRE	2:47.2

## 4 x 400 Relay

1.	Grosse Ile	4:22.1
2.	Carlson	4:31.1
3.	Jefferson	4:32.0
4.	Crestwood	4:35.2
5.	S Anderson	4:36.2
6.	Trenton	4:37.9
7.	Riverview	4:38.7
8.	Woodhaven	4:38.8
8.	Ida	4:38.8
10.	SMCC	4:40.0
11.	L Westland	4:41.1
12.	Erie Mason	4:41.5
13.	Airport	4:41.7
14.	Annapolis	4:45.1
15.	NB Huron	5:01.9
16.	Flat Rock	5:07.4

## 200m Run Finals

1.	Willer	I	27.3
2.	Kulberg	GI	27.6
3.	Whitehead	I	27.7
4.	Semmel	SMCC	27.9
5.	Phinezy	CRE	28.1
6.	L Clark	LW	28.2
7.	Douglas	W	28.8
8.	Sexton	RIV	29.2

## TEAM SCORES

1	Grosse Ile	124
2	Trenton	70
3	Ida	50 1/2
4	Carlson	49
5	S Anderson	47
6	Crestwood	46
7	Woodhaven	37 1/2
8	Jefferson	36
8	SMCC	36
10	NB Huron	28
11	L Westland	27
12	Flat Rock	20
13	Erie Mason	19
13	Riverview	19
15	Annapolis	11
16	Airport	3

## 3200m Run

1.	Korowin	TRE	12:43.1
2.	Perry	TRE	12:46.9
3.	Teran	CAR	12:54.5
4.	Johnson	W	13:00.7
5.	Huffman	GI	13:00.9
6.	Lagina	GI	13:07.1
7.	Markleztz	W	13:13.7
8.	Ebendick	LW	13:36.3
9.	Nichols	AIR	13:37.0
10.	Morrison	RIV	13:41.1
11.	Trainor	SMCC	13:50.9
12.	Weisbecker	EM	13:51.3
13.	Stackpoole	AIR	13:58.0
14.	Rabe	CAR	13:58.4
15.	Boose	EM	14:04.8
16.	Crenshaw	SMCC	14:09.7